



Making Your Health Care Choices Known:

A Workshop with a Spiritual Perspective

**First Church of Christ, Scientist,
2331 Post Road, Darien, CT
Sunday, February 28, 2010
(Snow date Sunday, March 7)
3 p.m.**

As Christian Scientists, we are often called to make strong and uncommon choices in our daily lives. Shouldn't those choices be reflected in the documents that will speak for us if we are not able to? These documents, often called Advance Directives, include **Health Care Proxies, Living Wills,** and **Durable Powers of Attorney**. This workshop will provide:

- A Biblical and spiritual basis for considering these topics, including references to the writings of Mary Baker Eddy
- Helpful examples, required forms, and additional resources
- Basic information about Medicare for Christian Scientists
- An option for follow-up to help you put your plans in place
- Suggestions on how to sustain your local Christian Science nursing facility

If you plan on attending or need additional information, please contact Lynn Meyerson at High Ridge House, 718-796-4200, ext. 258, or Lmeyerson@highridgehouse.org