

IDEAS FOR DAILY DEFENSE, HIGH RIDGE HOUSE

FEB 19, 2021

KATE DEARBORN, C.S.

QUOTES & NOTES

How many are there ready to suffer for a righteous cause, to stand a long siege, take the front rank, face the foe, and be in the battle every day? (Mis. 99:15)

... all things work together for good to them that love God, to them who are the called according to his purpose. (Rom. 8:28 all)

Mrs. Eddy told James Neal, *"Pray daily, never miss praying..."* Mary Baker Eddy, *Christian Healer*, p 190

Experience has taught me that the rules of Christian Science can be far more thoroughly and readily acquired by regularly settled and systematic workers, than by unsettled and spasmodic efforts. Genuine Christian Scientists are, or should be, the most systematic and law-abiding people on earth, because their religion demands implicit adherence to fixed rules, in the orderly demonstration thereof. (Ret. 87:7–14 (to 1st .))

This text in the book of Ecclesiastes conveys the Christian Science thought, especially when the word duty, which is not in the original, is omitted: "Let us hear the conclusion of the whole matter: Fear God, and keep His commandments: for this is the whole duty of man." In other words: Let us hear the conclusion of the whole matter: love God and keep His commandments: for this is the whole of man in His image and likeness. SH 340:4-9

"... Follow your Leader, only so far as she follows Christ." ('02 4:3 Follow)

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SEVEN DAILY DUTIES FROM MRS. EDDY

1. **A Rule for Motives and Acts.** Section 1. *Neither animosity nor mere personal attachment should impel the motives or acts of the members of The Mother Church. In Science, divine Love alone governs man; and a Christian Scientist reflects the sweet amenities of Love, in rebuking sin, in true brotherliness, charitableness, and forgiveness. The members of this Church should daily watch and pray to be delivered from all evil, from prophesying, judging, condemning, counseling, influencing or being influenced erroneously. (Man. 40:1–15)*
2. **Daily Prayer.** Sect. 4. *It shall be the duty of every member of this Church to pray each day: “Thy kingdom come;” let the reign of divine Truth, Life, and Love be established in me, and rule out of me all sin; and may Thy Word enrich the affections of all mankind, and govern them! (Man. 41:19)*
3. **Alertness to Duty.** Sect. 6. *It shall be the duty of every member of this Church to defend himself daily against aggressive mental suggestion, and not be made to forget nor to neglect his duty to God, to his Leader, and to mankind. By his works he shall be judged, — and justified or condemned. (Man. 42:4)*
4. *Gratitude and love should abide in every heart each day of all the years. (Man. 60:15-17)*
5. *Watch, and pray daily that evil suggestions, in whatever guise, take no root in your thought nor bear fruit. Ofttimes examine yourselves, and see if there be found anywhere a deterrent of Truth and Love, and “hold fast that which is good.” (My. 128:30)*
6. **TAKE NOTICE To Christian Scientists: — See Science and Health, page 442, line 30, and give daily attention thereto. (My. 237:12–14)** *Christian Scientists, be a law to yourselves that mental malpractice cannot harm you either when asleep or when awake. (SH 442:30)*
7. *One thing I have greatly desired, and again earnestly request, namely, that Christian Scientists, here and elsewhere, pray daily for themselves; not verbally, nor on bended knee, but mentally, meekly, and importunately. (Mis. 127:7–11)*

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RESOURCE LIST

Strong's Exhaustive Bible Concordance from Bible Study Tools --

<https://www.biblestudytools.com/concordances/strongs-exhaustive-concordance/>

You can access the Websters 1828 Dictionary, which was in use in Mrs. Eddy's time --

<http://webstersdictionary1828.com/>

The One Year Bible -- so you can read the Bible, daily, and finish it in a year --

<https://oneyearbibleonline.com/>

Bible Gateway -- I use this to look up English translations of Bible verses -- (they have Spanish, Bulgarian, Cherokee, Danish, German translations as well)

<https://www.biblegateway.com/>

<https://jsh.christianscience.com/console>

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The List

- *Mary Baker Eddy - ... an acknowledgment of the perfection of the infinite Unseen confers a power nothing else can. (Un. 7:20–22 an)*
- *Mary Baker Eddy - “The first thing I do in the morning when I awake is to declare I shall have no other mind before divine Mind, and become fully conscious of this, and adhere to it throughout the entire day; then the evil cannot touch me.” (MBE to Calvin Hill, We Knew Mary Baker Eddy, Vol 1. P. 353)*

1. *God*

2. *Me*

a. *Identity*

b. *Christian Science (laws of God, understood) heals -- no one can be made to think otherwise*

c. *Body/age*

d. *Day*

e. *Mental discipline; Right physical activity; Sense of order*

f. *Physical issues that need addressing*

g. *No particular dream, no personality*

3. *Home and family*

4. *Income and business*

5. *CS organizations*

6. *Church*

7. *World*

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“The First Commandment is my favorite text. It demonstrates Christian Science. It inculcates the tri-unity of God, Spirit, Mind; it signifies that man shall have no other spirit or mind but God, eternal good, and that all men shall have one Mind. (SH 340:15-20)

... the Christian Scientist takes the best care of his body when he leaves it most out of his thought, and, like the Apostle Paul, is “willing rather to be absent from the body, and to be present with the Lord.” (SH 383:7 3rd the)

Take possession of your body, and govern its feeling and action. Rise in the strength of Spirit to resist all that is unlike good. God has made man capable of this, and nothing can vitiate the ability and power divinely bestowed on man. (SH 393:10 Take)

... Mind measures time according to the good that is unfolded. This unfolding is God's day, and “there shall be no night there.” (SH 584:5 Mind)

God is the Life, or intelligence, which forms and preserves the individuality and identity of animals as well as of men. (SH 550:5–7)

... Be allied to the deific power, and all that is good will aid your journey, ... (Un. 17:5–6 Be (to ,))

“Know that nothing can come to you, or go from you but what God sends, and therefore, that no mortal mind can influence you; for only one Mind exists and this is Immortal Love.” Mary Baker Eddy to Ann M. Otis, Mary Baker Eddy Library

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CHURCH. *The structure of Truth and Love; whatever rests upon and proceeds from divine Principle....The Church is that institution, which affords proof of its utility and is found elevating the race, rousing the dormant understanding from material beliefs to the apprehension of spiritual ideas and the demonstration of divine Science, thereby casting out devils, or error, and healing the sick.*
(SH 583:12–19)

This was written partly in the hand of her maid Adelaide Still and partly in Mrs. Eddy's handwriting, and pasted at the back of her own personal copy of Science and Health that she kept at her bedside:

"Whenever there seems to be a need or lack in your experience, this simply indicates the scientific fact that this seeming need is already supplied by God's precious abundance. Then give thanks with your whole heart, because you have learned in Christian Science that God's supply is on hand." Adelaide Still, We Knew Mary Baker Eddy, Expanded Edition, Vol. II; p 484